

AVEIKA

VEGETARIAN MENU

APPETIZERS

EDAMAME BEANS (220KCAL) **4**
STEAMED & SERVED WITH SEA SALT

CHILLI EDAMAME BEANS (220KCAL) **4**
STEAMED & SERVED WITH CHILLI SAUCE

WHITE TRUFFLE EDAMAME BEANS (260KCAL) **6**
STEAMED & TOSSED WITH TRUFFLE OIL & SEA SALT

STARTERS

TEMPURA VEGETABLES (224KCAL) **5.5**
CRISPY FRIED VEGETABLES WITH MISO MAYO

MUSHROOM & PEPPER (142KCAL) **8**
SHIITAKE MUSHROOM, PEPPER & COURGETTE SKEWERS, MARINATED IN GARLIC & GINGER

VEGETABLE TACO (2PCS) (231KCAL) **6.5**
CUCUMBER, ASPARAGUS, CARROT & AVOCADO WITH WASABI MAYO

PLATTERS

VEGETARIAN PLATTER (565KCAL) **20**
MUSHROOM & PEPPER SKEWERS, YASAI ROLL 4 PCS, ASPARAGUS MAKI 4 PCS, AVOCADO NIGIRI 2 PCS, VEGETABLE TEMAKI 1 PC (WAKAME, CARROTS, CUCUMBER & PINK RICE)

SUSHI

URAMAKI (4 PCS - INSIDE OUT SUSHI ROLL)

YASAI ROLL ✕ (159KCAL) **9**
AVOCADO, CUCUMBER, CARROT & ASPARAGUS

MAKI (3PCS - VEGETABLES WRAPPED WITH RICE IN NORI)
INARI (TOFU) (138KCAL) **5**
AVOCADO (111KCAL) **5**
TOMAGO (EGG) (108KCAL) **5**
ASPARAGUS (75KCAL) **5**

TEMAKI (HAND ROLLED CONE-SHAPED NORI)
INARI (TOFU) (220KCAL) **5**
AVOCADO (220KCAL) **5**
TOMAGO (EGG) (220KCAL) **5**
ASPARAGUS (220KCAL) **5**

GUNKAN (2PCS - BALLED RICE WRAPPED WITH NORI)
AVOCADO (150KCAL) **5**
TOMAGO (EGG) (144KCAL) **5**
ASPARAGUS (110KCAL) **5**

NIGIRI (2PCS - BALLED RICE WITH TOPPINGS)
INARI (TOFU) (162KCAL) **5**
AVOCADO (150KCAL) **5**
TOMAGO (EGG) (144KCAL) **5**
ASPARAGUS (110KCAL) **5**

MAIN COURSES

YELLOW VEGETABLE CURRY ✕ (870KCAL) **15**
AUBERGINE, COURGETTE, PEPPERS, SERVED WITH STEAMED RICE

JAPANESE MUSHROOM & PEPPER ROBATA (721KCAL) **14**
SHIITAKE MUSHROOM, PEPPER, COURGETTE, MARINATED IN GARLIC & GINGER SERVED WITH MISO VEGETABLES AND STEAMED RICE

VEGETABLE STIR FRY (721KCAL) **12**
RAMEN NOODLES, PEPPERS, COURGETTE AUBERGINE, SHIITAKE MUSHROOM, TENDER STEM BROCCOLI

VEGETABLE FRIED RICE (721KCAL) **10**
PEPPERS, CHILLI, SPRING ONION, CORIANDER, TENDER STEM BROCCOLI SWEET SOY & SRIRACHA

SIDES

SALT & PEPPER SWEET POTATO FRIES (272KCAL) **4.5**
CHILLI & GARLIC FRIES (430KCAL) **5**
MAC & CHEESE BITES (636KCAL) **5**
STEAMED RICE (234KCAL) **3**
RAMEN NOODLES, LIME & HONEY (334KCAL) **4**
MISO MIXED VEGETABLES (117KCAL) **4.5**
WAKAME SALAD (211KCAL) **5**
WHITE TRUFFLE OIL **2**
GREEN CURRY SAUCE **2**
YELLOW CURRY SAUCE **2**
KATSU CURRY SAUCE **2**
KIMCHI MAYO **2**