

AVEIKA

SUNDAY LUNCH

APPETIZERS

TEBASAKI CHICKEN WINGS (452Kcal)

SLOW COOKED CHICKEN TOSSED IN
SESAME, SPRING ONION

TEMPURA VEGETABLES (224Kcal)

SERVED WITH MISO MAYO

CHICKEN KATSU SUSHI (167Kcal)

PANKO CHICKEN BREAST, YUMYUM MAYO

SALMON NIGIRI (169Kcal)

BALLED RICE WITH SALMON

YASAI ROLL (159Kcal)

AVOCADO, CUCUMBER, CARROT & ASPARAGUS

CHICKEN HARUMAKI (395Kcal)

CHICKEN WRAPPED IN SPRING ROLL PASTRY WITH
SWEET CHILLI SAUCE

MAIN COURSES

SALMON TERIYAKI (757Kcal)

WITH MISO GLAZED VEGETABLES &
STEAMED RICE

CHICKEN KATSU (1851Kcal)

£2 SUPPLEMENT PANKO CHICKEN BREAST, SERVED
WITH STEAMED RICE & CURRY SAUCE

TERIYAKI CHICKEN ROBATA (859Kcal)

CHICKEN BREAST SKEWER, MARINATED IN SOY,
GINGER, GARLIC, MIRIN, SAKÉ & CORIANDER.
SERVED WITH MISO VEGETABLES & STEAMED RICE

MINI SLIDERS (1625Kcal)

BEEF BURGERS SERVED WITH COASTAL
CHEDDAR & CHILLI & GARLIC FRIES

YELLOW VEGETABLE CURRY (870Kcal)

AUBERGINE, COURGETTE & PEPPERS, SERVED
WITH STEAMED RICE

CHILLI BEEF ROBATA (996Kcal)

£5 SUPPLEMENT FILLET BEEF SKEWER, MARINATED
IN CHILLI, GINGER, & GARLIC. SERVED WITH MISO
VEGETABLES & STEAMED RICE

ROASTS

TERIYAKI BEEF (1115Kcal) £15.95

8 HOUR SLOW COOKED FEATHER BLADE OF BEEF WITH CREAMED MASH & ROAST POTATOES,
CHANTENAY CARROTS, TENDER STEM BROCCOLI, GRAVY & YORKSHIRE PUDDING

MISO & HONEY LEG OF LAMB (971Kcal) £15.95

WITH MASH POTATO, ROAST POTATO, CHANTENAY CARROTS, TENDERSTEM
BROCCOLI, IN MISO BUTTER YORKSHIRE PUDDING & GRAVY

GARLIC, GINGER & LEMON ROAST CHICKEN BREAST (1113Kcal) £15.95

WITH CREAMED MASH & ROAST POTATOES, CHANTENAY CARROTS,
TENDER STEM BROCCOLI, GRAVY & YORKSHIRE PUDDING

SIDES

MAC & CHEESE BITES £5 (636Kcal)

STEAMED RICE £3 (234Kcal)

SWEET POTATO FRIES £4.5 (272Kcal)

CHILLI & GARLIC FRIES £4.5 (430Kcal)

RAMEN NOODLES, LIME & HONEY £4 (636Kcal)

MISO MIXED VEGETABLES £4.5 (117Kcal)

DESSERTS

CHOCOLATE FUDGE CAKE (428Kcal)

STICKY TOFFEE MISO PUDDING (455Kcal) (V)

SOY MISO TOFFEE SAUCE, VANILLA ICE CREAM

ICE CREAM SELECTION (207Kcal) (V/VE/GF)

FRESH FRUIT

ADULTS NEED AROUND 2000 KCAL DAY

2-COURSES £15.95 | 3-COURSES £19.95

PLEASE NOTE: A 12.5% DISCRETIONARY SERVICE CHARGE WILL BE ADDED TO YOUR BILL
PLEASE INFORM YOUR SERVER OF ANY DIETARY REQUIREMENTS. VEGETARIAN, VEGAN AND GLUTEN FREE OPTIONS ARE AVAILABLE